**Date:**

**Dear Parent / Guardian**

Great news! Your child has been offered the opportunity to take part in Bikeability cycle training at James Brindley Primary School 9th-12th September 2024

**Your child needs to be able to ride a bike to take part.**

We need your consent for your child to participate in Bikeability Level 1+2 Cycle training. Failure to complete this form will unfortunately result in your child being unable to take part in Bikeability cycle training.

**What is Bikeability?**

Bikeability is the government’s national cycle training programme. It helps you learn practical skills and understanding of how to cycle on today’s roads. Bikeability gives everyone the confidence to cycle and enjoy this skill for life.

Find out more: [www.bikeability.org.uk](http://www.bikeability.org.uk)

**Name of child:**

**School/Organisation:**

**School Year:**

**Relevant medical conditions:**

**Relevant additional or special educational needs:**

**I am happy for photographs or videos to be taken of my child during Bikeability cycle training.** These images may be used by the training provider or Bikeability Trust to promote the programme. Please tick below to give or withdraw your consent to NCA taking photographs.

Yes No

Pupils will need to bring a roadworthy bike on the days stated and, if available, a helmet that fits securely. A roadworthy bike has:

* Inflated tyres, as hard as an apple
* Two working brakes
* A well-oiled chain
* A saddle and handlebars which are fixed on tight

For tips on how to check your bike is roadworthy, visit <https://bikeability.org.uk/bikeability-training/get-ready/>

If you are still unsure, please seek the advice of a professional mechanic in advance of Bikeability cycle training.

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| --- | --- |
| For my child to take part in Bikeability, I confirm the following: | Tick to confirm or leave blank if it does not apply |
| My child can already ride a bicycle and I understand that cycle training will be refused if they cannot ride competently. |  |
| What level do you consider your child to be able to ride at: Beginner, Intermediate, confident (please write level in the next column) |  |
| My child is medically fit to take part in Bikeability. |  |
| My child will bring a roadworthy bike and I understand that cycle training will be refused if their bike is not suitable. |  |
| My child will bring a helmet that fits securely. |  |
| My child can ride but does not have a suitable bike |  |
| My child can ride but does not have a suitable helmet |  |
| My child will have weather appropriate clothing. |  |
| My child is responsible for their own behaviour, and I understand that cycle training may be refused if my child’s behaviour puts them at risk to themselves or others. |  |
|  |  |
| I have read all of the information and consent to Bikeability cycle training for my child |  |

**Signed (Parent/Carer).............................................................**

**Date**

Data Protection and Privacy Statement can be found on our website www.ncagb.co.uk